#### Life Verse

"Don't Be Anxious about ANYTHING": Philippians 4:6-7 July 13-14, 2013: Lyle Wood, Effingham Campus Pastor

God reminds us through Philippians 4:6-7 that during difficult and trying times, the power is in the <u>petition</u> and peace comes from <u>Christ Jesus</u> our Lord and Savior.

Acts 16:25

When Paul says "Do not be anxious about anything", anything actually means ANYTHING!

### An Average Person's Anxiety is Focused On:

- 40 % -- things that will never happen.
- 30 % -- things about the past that can't be changed.
- $\underline{12}$  % -- criticism by others that is mostly untrue.
- 10 % -- about health, which gets worse with stress.
- 8 % -- about real problems that will be faced.

Paul didn't live in the  $\underline{92}\%$  ... he lived in the  $\underline{8}\%$  ... and even then, his focus was on Christ alone. *Philippians 3:10-14* 

"Do not be anxious about anything, but in <u>everything</u>, by prayer and petition, with thanksgiving, present your requests to God."

# Paul Creates an "If / Then" Scenario for Us:

IF...you will present your requests to God, through prayer and petition, with thanksgiving ...

**THEN**... God will 1) grant you a peace that surpasses all <u>understanding</u> and 2) <u>guard</u> your hearts and minds in Christ Jesus.

Here's the point: You don't control the <u>outcome</u> of your circumstances, but you do control how you see God move in them.

## Five for the Drive

A family conversation starter for the ride home

- 1. What is anxiety?
- 2. What are some things at home that make you anxious?
- 3. What are some things outside the home that make you anxious?
- 4. What are some ways we can work on being less anxious?
- 5. If God can be trusted with our anxieties, how will we know He is taking care of them (i.e. what should we be looking for when we present our requests to Him?)

# **Ministry Opportunities**

For more information about these and other events, go to SavannahChristian.com/Events.

"Harvey" Summer Dinner Theater 6 p.m. nightly, Friday – Sunday, July 26-28 The Link, Henderson Campus

#### \$10 tickets available at The Source and the door, based on availability

Invite your friends, including those who don't go to church, to a fun evening at Savannah Christian. This year the Pulitzer Prize-winning "Harvey" runs the last weekend in July. It's the story of a man who introduces everyone to his imaginary friend, Harvey - a six-and-a-half-foot white rabbit – and the hilarious misunderstandings that ensue. This classic comedy is family-friendly and suitable for children ages 8 and up

# "Fill the Bus" School Supply Collection Weekend

### All Services, July 27-28

As the school year starts, we want to show our support to local students in need by providing them with essential supplies. On the last weekend in July, please bring pencils, pencil cap erasers, dry erase markers, tissues, and composition books. We'll collect them in the lobby. These items will be donated to Springfield Elementary school.

# Journey Serve Day

8 a.m. - 3 p.m. Saturday, July 27

### Field next to The Link, Henderson Campus

The Journey is our largest outreach event. We expect thousands to come this December to experience life the night Christmas began. Join us as we construct all-new sets for this production. Come, bring a friend, and bring your tools and equipment. Be part of clearing and construction or helping repair and organize costumes. Lunch will be provided.

#### Man UP

5 - 8 p.m. Sunday, July 28

### **Adult Ministry Center Auditorium, Henderson Campus**

Men from all campuses are invited to join us for low country boil, fellowship and fun. Meet men from other campuses and hear about events coming up this fall. This is a great opportunity to get plugged in to Men's Ministry. Register at a Connection Kiosk by Sunday, July 28. Tickets are \$10. Please keep your receipt to use as your entry ticket. Limited seats are available on a church bus leaving the parking lot at 4:30pm. Reserve your seat at the Guest Services Desk.