

SUPERTEXTS

"Learning to Live Without Worry", Philippians 4:6-9
July 31 & August 3, 2016: Cam Huxford, Senior Pastor

The Greek word translated to "anxious" means: "to be pulled in different directions." When we worry, our hopes pull us in one direction and our fears pull us in the opposite direction.

I. Be Honest about Your Worry.

There is a big difference between worry and appropriate concerns.

II. Be Clear about Why You Worry.

The lie that most of us believe: "I worry because I have problems."

Matthew 6:34 NIV; John 16:33 NIV

You cannot trust the Lord on an issue and worry about it at the same time.

"Worry is driven by the collision of a heightened sense of vulnerability with a diminished sense of power." - Dr. Edward Hallowell

"I can do all things through him who strengthens me." Philippians 4:13

III. Be Willing to Take Steps to Stop Worrying.

Paul recommends:

- Intentional, specific prayer.

The way to be anxious about nothing is to PRAY ABOUT EVERYTHING.

Three different kinds of intercession:

1. "Prayer" is the general word for focusing on being *in* the presence of the Lord. *Psalms 46:10*
2. "Petitions" are when we make specific requests for help.
3. "Thanksgiving" is when we express our gratitude for the power. God has shown in the past and will in the future.
 - Recalibrate your thinking.
 - Disciplined action.

The Bible does not counsel us to think we can just throw our worries away. Scripture encourages us to throw them to a loving Father who is bigger than whatever we fear.

Ministry Opportunities

For more information about these and other events, go to SavannahChristian.com/Events.

Men's Breakfast

8 - 9:30 a.m. Saturdays, Aug. 6 - Nov. 12

Adult Ministry Center across the street

Men, join us as we study the Bible over breakfast on Saturday mornings. It's a great way to start your weekend! A \$5 donation is requested to cover the cost of the meal. No advance registration required.

Mothers of Preschoolers (MOPS) Kickoff Event

10 - 11:30 a.m. Tuesday, Aug. 9

The Lobby area near the Café

MOPS is where mothers of preschoolers find encouragement, creative activities, relevant speakers, support and new friends. It meets twice a month on Tuesday mornings. Childcare is provided. There is a small annual membership charge. Come to this drop-in event to find out more and to register for the 2016-2017 year.

Celebrate Recovery

7 - 9 p.m. Fridays

Adult Ministry Center across the street

Celebrate Recovery is a place where you can find healing from life's hurts, habits and hang-ups. As you share your experiences with others and apply biblical recovery principles, you'll grow stronger in your relationship with God and find freedom from addictive, compulsive and negative behaviors. Childcare begins at 6:30 p.m. in the Lighthouse building behind the Adult Ministry Center.

Pivot Men's Conference

3:30 - 9 p.m. Friday, Aug. 26

Worship Center

Revitalize your faith at this annual men's conference. Find the inspiration to become the spiritual leader God calls you to be. Experience profound, meaningful worship led by guest band Ghost Ship. Hear from speakers Kenny Grant, Bill Fowler, Ricky Temple, Cam Huxford and Dr. Crawford Loritts. Purchase your ticket at PivotConference.org. Early bird pricing ends Sunday, July 31.

Fill the Bus

Throughout July and August

Henderson Campus

Choose compassion by donating school supplies to students in need. Suggested items are pencils, crayons, notebook paper, dry erase markers, tissues and hand sanitizer. Please leave donations in the collection bin in the lobby.

Café Opening

The Lobby

Our café serves hot and cold beverages and a range of snacks around service times. Starting Wednesday, Aug. 3, we will serve light food items such as chicken salad and hot dogs 4:30 - 6:45 p.m. before the Wednesday night service.