

FIVE EASY WAYS TO WRECK YOUR LIFE

“Never Learn to Change”, James 5:16
March 5 & 8, 2017: Cam Huxford, Senior Pastor

Making it all the way through life and never learning how to change:

1. What is your besetting sin? *Hebrews 12:1 KJV, NLV, ESV, MSG, NIV*
2. Do you really want to overcome your besetting sin?

The hardest and most powerful step away from a life wrecking pattern is to confess to God, to myself and to another human being the exact nature of my besetting sin.

It's important to admit the truth to God and to yourself. But it's a gigantic step forward to confess the truth to others.

Confession is difficult because:

1. We tend to blame others.
2. We tend to rationalize.
3. We tend to protect our image. *Proverbs 28:13*

Confession is valuable because:

1. Confession brings accountability.

Sins we confess only to God we tend to repeat! *Ephesians 4:25 NIV*

2. Confession releases the power of prayer! *Matthew 18:19 NIV*
3. Confession demonstrates God's acceptance. *Mark 1:5 NIV*
4. Confession sometimes requires intervention. *Matthew 18:15 NIV*

Intervening over a friend's sin requires two character traits: courage and tact. *Galatians 6:1-2 NIV*

Guidelines on choosing the person to whom you will confess:

1. Choose a Christian who shares your convictions. *Psalms 1:1*
2. Choose someone you think will be honest themselves.
3. Choose someone who is trustworthy! *Proverbs 11:13 NIV*
4. Choose someone of the same sex unless it's a professional.
5. Choose someone with whom you will be completely honest.

Proverbs 17:22 KJV; Ecclesiastes 3:4; Ephesians 4:25

6. Choose a teachable spirit.

The goal of confession is not a clear conscience; the goal is a changed life!